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# Welcome Bem-vinde Kα/ως ήρθατε Bienvenid Bem-vinde Bem-vinde Velcome Velkom Velkom Jagedniz Bienvenid Welkom Benvenudo Velkom Jagedniz Bienvenid Welkom Benvenudo Melcome Benvenudo Bienvenid Benvenudo Bienvenid

Colombia

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COLOMBIA PROVIDENCIA

CARIBBEAN SEA

Slave Hill \* SAN ANDRES COLOMBIA Alto Harmony Hall

Hill Top



San Andres & Providencia Island

#### COLOMBIA

You're about to live two unique experiences on one trip: get ready to experience lively San Andres and pristine Providencia Island! We've put together this guide to provide travel advice and help you make the most of your vacation.

# Good to know

Be sure to attend the briefing held at the beginning of your trip, as your representative will confirm the meeting point and departure time for Providencia Island, and provide destination information. Note that airport-hotel transfers and commuter flights are included.

**Travel documents** The departure date for Providencia will be indicated on your e-ticket. Don't forget to bring your passport and tourist card with you.

**Baggage** Your luggage will remain in your room at the all-inclusive resort while you are out and about. Be sure to pack a small bag with comfortable walking shoes, sunscreen, insect repellant, binoculars, snorkelling equipment, sunglasses, swimsuit, warm change of clothes, hat, camera, long pants and long sleeve shirt for some excursions, and cash for the excursions, meals, drinks and souvenir shopping. Please note that the maximum baggage allowance for your commuter flight from San Andres to Providencia is 10 kg.

**Tipping** Tips are at your discretion and are very much appreciated by the cleaning ladies, bellboys, guides and chauffeurs, as well as the waiters and bartenders.

**Transportation** Travelling by bus in San Andres is very affordable and will allow you to discover the area from a new perspective. Simply flag down the driver to board the bus. If you take a taxi, be sure to agree on the price with the driver before getting into the car. There is no public transportation on Providencia island, but taxis are available and are inexpensive. There are no regular ferries or passenger ships between the archipelago and the mainland.





# About Colombia

CURRENCY Peso, USD OFFICIAL LANGUAGES Spanish, English

LOCAL EXPRESSIONS ¿Quiubo? (Hello, What's up?)

TRADITIONAL MUSIC Calypso, soca, reggae









San Andres

This friendly archipelago offers everything under the sun, from exotic beaches and varied water sports to ecotourism and lush nature reserves. Colourful cays and turquoise waters teeming with marine life make this coral island perfect for underwater adventures. Once a haven for pirates, San Andres is now treasured by tourists from all over!

# Things to see & do

- **>** JOHNNY CAY, ACUARIO, HAYNES CAY & CAYO BOLIVAR swimming, sunbathing and snorkelling alongside tropical fish and exotic corals
- > LA LOMA the site of the island's first Baptist Church, founded in the mid 1800s
- **SAN LUIS** white-sand beaches
- **LA PISCINITA** a calm sea in the western part of the island where fish abound and snorkelling is permitted
- **HOYO SOPLADOR** the site of a geyser at the southern end of the island that emerges from a hole in the coral rock and spouts sea water up to 20 metres into the air
- **THE POND** also known as La Laguna, this freshwater lake surrounded by palm and fruit trees is situated on top of a hill and boasts a rich biodiversity

SCUBA DIVING more than 35 different spots with exceptional visibility, whose
 reefs are known for their variety of sponges and inhabited by barracudas, turtles, lobsters, rays and other fish



## About San Andres

POPULATION 75,000

LOCAL DISHES

**RONDON** fish, snail, yucca, breadfruit, yam and plantain simmered in coconut milk

LOCAL DRINKS COCOFRESA, COCOLOCO

## Excursions

The representative will provide details on available excursions during the briefing, as well as suggestions of what to see and do during your stay.



Providencia Island

Sitting pretty just 50 km north of San Andres is Providencia, an untouched tropical island paradise known for its pearly white sand, multi-coloured waters and exotic marine life. A footbridge also connects Providencia to the small island of Santa Catalina. There's not a high-rise in sight – it's back to basics!

# Things to see & do

- > SCUBA DIVING AND SNORKELLING
- > DEEP-SEA FISHING, KAYAKING AND BOAT EXCURSIONS
- > CYCLING AND HORSEBACK RIDING
- > EL PICO (THE PEAK) hiking to the highest point on the island

#### PARQUE NACIONAL NATURAL (PNN) OLD PROVIDENCE MCBEAN LAGOON

discover coastal mangroves, the islets of Cayo Cangrejo and Cayo Tres Hermanos, and an 800-metre ecopath



## About Providencia Island

POPULATION 5,000

#### LOCAL DISHES

SANCOCHO DE PESCADO fish stew with yucca, plantain, potatoes, vegetables and herbs BLACK-CRAB EMPANADAS DESSERTS banana cake, mango pie, coconut bread, corn-flavoured ice cream

#### LOCAL DRINKS BUSH RUM

# Excursions

See the following page for a list of excursions available from Providencia.



# Excursions Providencia Island



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#### SCENIC TOUR AROUND THE ISLAND (5 hours) Visit several points of interest including Morgan's Head, Lovers' Bridge and McBean

Lagoon National Natural Park, one of Colombia's most beautiful nature reserves, where you can admire the seven-coloured sea from the top of Crab Key. Swim in the crystalline waters, discover the region's marine life and visit Manzanillo or Southwest Beach. Typical lunch included. Snorkelling equipment (\$).

#### PATH OF THE SEVEN COLORS -03 **MCBEAN LAGOON NATIONAL PARK (4-5 hours)**

The sea of seven colours surrounds the islands of Providencia and Santa Catalina. Enjoy spectacular scenery from every point of the Seaflower Biosphere Reserve, and observe birds, reptiles and crabs in their natural habitat. Explore the park from the summit of Iron Wood Hill to the depths of the coral reef, home to an impressive variety of marine life. Perfect for nature lovers! Typical lunch included.

#### 05 **REEF & SNORKELLING TOUR (4 hours)**

At nearly 33 km in length, Providencia and Santa Catalina's barrier reef is the second largest in the Caribbean. UNESCO declared both islands the Nucleus of the Seaflower Biosphere Reserve. Get in touch with nature and observe the abundant marine life in one of the best-preserved coral reefs. Snorkelling equipment (\$).

#### ()/ **DIVINE PROVIDENCE BY BICYCLE (5 hours)**

Enjoy the refreshing ocean breeze as you bike around the entire island. Immerse yourself in the local culture and visit different points of interest like Lovers' Bridge, Maracaibo and Southwest. Finish off with a refreshing swim at stunning Manzanillo Beach.

## AN ADVENTURE AT THE PEAK (4-5 hours)

Taste fresh local fruit straight from the trees and learn about the local flora and fauna as you hike up "The Peak", Providencia's highest mountain, to admire impressive panoramas at 360 metres above sea level. Finish off with a refreshing swim in the crystalline waters of Manzanillo or Southwest Beach. Typical lunch included.

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#### **KAYAKING & MANGROVES IN SANTA CATALINA** (1-3 hours morning or afternoon)

Explore part of the mangroves within the McBean Lagoon National Park on a double kayak, surrounded by coral seascapes and magnificent views.

#### 06 **TOUR TO CRAB KEY (6 hours)**

Discover one of the most breathtaking parts of the archipelago, whose welcoming transparent waters are teeming with fish and corals. Go for a swim, or hike to the top to admire the reef and mountains. Typical lunch included. Snorkelling equipment (\$).

#### **REGGAE NIGHT IN ROLAND'S BAR**

Roland Roots Reggae Bar is the place to be after sundown! Sip on coco locos and other rum-based drinks as you dance to the hottest reggae and calypso beats on the beach, a bonfire blazing in the background under a star-studded sky. One cocktail included.

FISHING AND DIVING EXCURSIONS ALSO AVAILABLE.

#### PRICE PER PERSON FOR EXCURSIONS

\$	<b>20</b> to <b>39</b>	\$\$	<b>40</b> to <b>54</b>	\$\$\$	55 to 74	\$\$\$\$	<b>75</b> and <b>+</b>
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IMPORTANT NOTICE - PLEASE READ CAREFULLY Information on the destination and tours, excursions or activities contained in this pamphlet is indicative only. Tours, excursions or activities proposed by NOLITOURS are provided and operated by local service providers, which are independent entities over whom NOLITOURS does not have control (the "Suppliers"). Some tours, excursions or activities may not be suitable for everyone. The purchase and participation in such tours, excursions or activities resentation as to the quality or safety of any tour, excursion or activity estimates and representation as to the quality or safety of any tour, excursion or activities shall be deemed to have been made between you and the Suppliers who may have different security standards than those in your own country. Furthermore, NOLITOURS shall not be liable for any cancellation, delay, loss, damage, accident or injury, nor for any representation and by the Suppliers. Any written or oral contract and representation for such tours, excursions or activities and shall be undertaken at your own risk of loss, damage or injury. NOLITOURS shall not be liable in any manner for any complaints or claims that may arise as a result of participation in any such tours, excursions or activities and shall be undertaken at your own risk of loss, damage or injury. NOLITOURS shall not be liable in any manner for any complaints or claims that may arise as a result of participation in any such tours, excursions or activities and shall be undertaken at your own risk of loss, damage or injury. NOLITOURS shall not be liable in any manner for any complaints or claims that may arise as a result of participation in any such tours, excursions or activities and shall be undertaken at your own risk of loss.